



# The Alzheimer's Association of Queensland Inc.

## Who are we?

The Alzheimer's Association of Queensland Inc. (AAQ) is a non-government, non-profit organisation. It was originally set up by a group of carers of people with Alzheimer's disease and other forms of dementia for mutual support and information sharing. The original name given to this association was ADARDA which stood for Alzheimer's Disease And Related Disorders Association.

## What is our role?

The primary role of the AAQ is to offer assistance to people with Alzheimer's disease and other forms of dementia, and their carers:

- \* In the effective management of all aspects of the disease throughout its entire course.
- \* To maintain a dignified life.

## When the diagnosis is Alzheimer's disease.....

A diagnosis of Alzheimer's disease or any other form of dementia is only the beginning of a long road often strewn with many obstacles. Rarely is the journey a smooth ride. The AAQ can prepare you with a road map of the obstacles and show you ways around them.

A diagnosis of dementia often goes hand in hand with uncertainty, fear, anger and depression, all of which may impede a person's ability to prepare effectively for

the future. There are aspects of dementia management that, if not planned for in the earliest stages of the disease, can create more (yet needless) stress and anguish as the journey progresses.

It is therefore extremely important to contact the Alzheimer's Association of Queensland at the time of diagnosis.

## Services offered

- \* The Dementia Help Line: for emotional support, general information and specific assistance. Toll free call 1800 639 331
- \* Respite Services: 24 hour respite, emergency respite, centre based, home based and mobile services.
- \* Nursing Home
- \* Library: books, videos, and journals - general to specialised information on all aspects of dementia.
- \* Education Courses: for both professional and family carers.
- \* Support Groups
- \* Community Awareness Programs
- \* Research: The AAQ supports and funds selected dementia research programs.

**Please contact the Alzheimer's Association of Queensland on 1800 639 331 for further information.**